



olam foods

Fresh and Healthy

ABOUT US

We are a company with professional experience, dedicated to the import and export of fresh and frozen fruits, with the aim of offering top quality products and giving the best product to our customers always complying with quality and safety standards, thanks to the support and trust of our clients and the constant work of all the professionals who make up our staff.

Our objective is to guarantee that each shipment carried out in conjunction with our logistics and maritime operators, both at origin and destination, arrives with the appropriate quality to each consumer around the world.

VIEW

To be one of the best importers and exporters of fresh and frozen fruits, vegetables, grains, beans in the US and the preferred supplier of our clients and consumers.

MISSION

Our mission is to satisfy the needs of all our clients and partners as well as our workers, with the aim of maximizing efficiency and optimizing profitability through our differentiation in product quality, service and price.





Grapes

FRESH AND HEALTHY

SHIPPING DATES

JUNE TO FEBRUARY

ORIGIN: PERU - U.S.A

Size: L - XL - J

Box: 8.2kg

Palets: 20

Box/Palets: 114

Box/Cnt: 2280

variety: Red Globe, Crimson,
Green Seedless

Shipping: Maritime and Air





Mangoes

FRESH AND HEALTHY

SHIPPING DATES
AUGUST-SEPTEMBER
OCTOBER TO MARCH

SHIPPING MARITIME

Size: 6 to 12

Box: 4kg

Palets: 22

Box/Palets: 252

Box/Cnt: 5544

SHIPPING AIR

Size: 8 to 14

Box: 6kg

Palets: 20

Box/Palets: 96

boxes per shipment: 960

Variety: Kent and Edward

ORIGIN: PERU - MEXICO

SHIPPING DATES
FEBRUARY TO
NOVEMBER



Avocado

FRESH AND HEALTHY



SHIPPING MARITIME

Size: 12 to 24

Box: 4kg

Palets: 20

Box/Palets: 264

Box/Cnt: 5280

Size: 12 to 32

Box: 10kg

Palets: 20

Box/Palets: 120

Box/Cnt: 2400



ORIGIN: PERU - MEXICO - COLOMBIA

tangerines

FRESH AND HEALTHY

SHIPPING DATES

APRIL TO AUGUST

ORIGIN: PERU

NUTRITIONAL VALUE

Calories 53.0 kcal

Water 85.17 g

Carbohydrates 13.34 g

Proteins 0.81 g

Total Fat 0.31 g

Ash 0.38 g

SHIPPING MARITIME

Size: 3-2-1-1X-2X-3X-4X

Box: 10kg and 15kg

Palets: 20

Box/Palets: 112 and 70

Box/Cnt: 2296 and 1456

Note: 56 additional boxes in the last row of the cnt

Varietys: Satsuma, Murcott,





**SHIPPING DATES
AUGUST TO JANUARY**

ORIGIN: PERU

SHIPPING MARITIME

Size: 13 up

Box: 1.5kg

Palets: 20

Box/Palets: 390

Box/Cnt: 7,800

SHIPPING AIR

Size: 13 up

Box: 1.5kg

Palets: 10

Box/Palets: 195

Box/Cnt: 1,950

Variety: Biloxi, Ventura,
Emerald

Blueberry

FRESH AND HEALTHY

**SHIPPING DATES
ALL YEAR**



Limes

FRESH AND HEALTHY



SHIPPING MARITIME

Size: 36 up

Box: 18kg

Palets: 20

Box/Palets: 70

Box/Cnt: 1,400

Size: 36 up

Box: 24kg

Palets: 20

Box/Palets: 50

Box/Cnt: 1,000

Size: 36 up

Box: 4.5kg

Palets: 22

Box/Palets: 240

Box/Cnt: 5,280

ORIGIN: PERU - MEXICO - COLOMBIA- BRAZIL



Banano

FRESH AND HEALTHY

**SHIPPING DATES
ALL YEAR**

ORIGIN: PERU

SHIPPING MARITIME

Size: in cluster
Box: 18.14kg
Palets: 20
Box/Palets: 54
Box/Cnt: 1,080



Cherries

FRESH AND HEALTHY



SHIPPING DATES

OCTOBER TO

DECEMBER

ORIGIN: CHILE

Size: XL, J, SJ, P

Box: 2.5 and 5 kg

variety: Royal Dawn,
Santina, Regina, other
varieties

Shipping: Maritime and Air



SHIPPING DATES
ALL YEAR



Pineapple

FRESH AND HEALTHY



SHIPPING MARITIME

Box: 12kg

Box/Palets: 80

Box/Cnt: 1600

Variety: Golden

ORIGIN: COSTA RICA



Passion Fruit

FRESH AND HEALTHY



SHIPPING DATES
AUGUST-SEPTEMBER
OCTOBER TO MARCH

SHIPPING AIR
Box: 2kg
Box/Palets: 256/320

ORIGIN: PERU - COLOMBIA





SHIPPING DATES

JUNE TO APRIL

ORIGIN: PERU

Size: 100gr Up

Box: 7.5kg and 13.6kg

Palets: 20

Box/Palets: 120 and 72

Box/Cnt: 2400 & 1440

Shipping: Maritime and Air





SHIPPING MARITIME

Box: 8kg and 13.6kg

Palets: 20

Box/Palets: 120 and 72

Box/Cnt: 2400 and 1440

SHIPPING DATES JUNE TO APRIL

Curcuma

FRESH AND HEALTHY

ORIGIN: PERU





Grain

FRESH AND HEALTHY

SHIPPING DATES

ALL YEAR

ORIGIN: PERU

BEANS (LOCTAO,

CASTILLA, PALO)

COFFEE

RICE



Vegetables

FRESH AND HEALTHY



SHIPPING DATES
ALL YEAR

ORIGIN: PERU

ASPARAGUS
ONION
TOMATOES
CAPSICUMS





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